

# SpEqTRA opens doors to showcase horses and programming for all ages



*by Garrett Fodor*

While moving to its new home in Harrow, the Special Therapeutic Riding Association (SpEqTRA) is still focused on the same goal, offering inclusive programs for all ages.

That includes children and adults.

On Sunday, the training facility, for the first time, welcomed the public to check out the new home and facilities. Participants were able to get up close to the horses, while also having an opportunity to ride, pet the horses, along with an opportunity to get their face painted and enjoy a free lunch.

"It's great to have people out seeing the facilities and what we have to offer," Liz Windsor, Program Coordinator and Board of Directors Chairman, said. "This is the first time we've ever hosted an open house like this. We moved from our facilities in Leamington



a couple years ago and are finally getting settled again. We estimated we'd get some people, but we had a really great turnout."

Since their founding in 2003, SpEqTRA has offered programming for those with mobility, cognitive, visual, and hearing impairments. Each year, over 50 riders benefit from the program.

The charitable, volunteer-based organization features seven board members and numerous other volunteers to help offer a variety of

programming, including lessons on a weekly basis going into the early winter.

Windsor thanked the over 20 volunteers and the Board of Directors for helping to put together and host the open house. She also thanked members of the public for their support and interest in the horses, the facilities, and their programming.

For additional information, or to connect, Windsor invites those interested to visit SpEqTRA's social media page.